

Help us to, Help Needy !

Reach us to, Reach Un-reached !!



AaSHRAY-DURG

Dear Friends, Supporters and Well-wishers,

Season's Greetings from AaSHRAY-DURG Team!

Hope everything is well with you all. We are approaching towards end of the Calendar Year 2019 and we have learned many things during this year through various types of events in our day today life.

I hope and wish Year 2020 to bring more and more for all through various means.

I would like to take this opportunity to thank every one of you for support, prayers and well wishes. We have tried our best to reach / serve disadvantaged through projects & activities. This became possible for us, just because of direct and indirect support from you all.

Here is update about our projects and activities.....

Mobile Medical Units

We have successfully completed 5 years of community health service through our first mobile medical unit, which was launched on 1st January 2015. This vehicle visits more than 165 villages / hamlets in a month and about 1500 patients are availing basic healthcare services through this unit.

We could start one more Mobile Medical Unit during September 2019. This vehicle is stationed at Nandurbar town and visits more than 65 villages in a month. Each village is visited once in a month and more than 1800 beneficiaries are taking with help from our new mobile medical unit project. There are many more are in need but we are not able to reach due to limited resources.



Community Health Clinics (2 Clinics)

Low Cost Self Sustaining Health care Delivery Model with community participation.

We are serving village population through our Community Health Clinic Project. Healthcare services are offered at highly subsidised rates.

One is at Village Jamki (Nizar - Uccal Constituency Dist. Tapi, Gujarat) and second is at Navapur. We have initiated this project with aim to offer basic healthcare to the community residing in and around Jamki village and Navapur Town. Project is technically supported by Eurasian Cancer Research Council, Eurasian Federation of Oncology, Grace Hospital, Karanji (Khurd) and Nandurbar Institute of Medical Sciences.



Low Cost Surgery Centre, Nandurbar (Maharashtra)

Mobile Medical Unit Project Team identifies individuals in need of surgical intervention and refers them to “Medicare Surgical and Dental Hospital”, at Nandurbar for further treatment. This hospital provides affordable services to patients who come from low socio-economic strata. We mobilise medicines and surgical supplies (pre-operative, operative, post-operative) required for surgeries and hospital offers services at nominal rates, so that no patient is denied of life saving surgeries.



Cancer Early Detection Program

Cancer is one of the highest killers worldwide. Many live undiagnosed and lose their lives due to unavailability of proper treatment at early stage. India is a country where 70% population resides in rural area. This subset of population does not even get access to basic healthcare. **Aashray-Durg** in Association with Grace Hospital and Eurasian Cancer Research Council have started Cancer Early Detection program for tribal area. We conduct periodic camps (Once a month) with support from Muni Seva Ashram's Kailash Cancer Hospital (Goraj), Medicare Surgical & Dental Hospital and Nandurbar Institute of Medical Sciences. Till date, we have conducted 7 such camps and more than 300 individuals were benefitted during 2019. We aim to continue this project for the benefit of community. Individuals detected with pre – cancerous lesions are taken to Medicare Hospital Nandurbar or Kailash Cancer Hospital, Goraj (Gujarat) for further necessary diagnosis and treatment. After diagnosis, we try to offer subsidised or free of cost treatment to the patient.



Dialysis Units:

We have installed 5 Haemodialysis Machines at Shinde Hospital and facility is managed by trained team. Every day 3-4 patients are undergoing haemodialysis at highly subsidised rates. More than 70 patients are registered with us for Haemodialysis.



Healthcare for School and Hostel Students

Educational facilities are still not available in the remote villages and there are many students residing in boardings or hostels at district place. Our team conducts periodical camps for students and maintains their health records for future purpose. We are aiming to reach all hostels and schools in Nandurbar district, so that many diseases can be detected early and treated appropriately with help from specialists.



Anti- Smoking, Anti - Tobacco and Good Oral Hygiene Practice Campaign among the Children

We are happy to introduce our Awareness and Campaign Team through which we are conducting Anti - Smoking, Anti - Tobacco and Good Oral Hygiene Practices campaign.

About 14.6% of youth are addicted to smoking and other tobacco products and 30.2% of adults are exposed to second hand smoking, of which both are equally dangerous. With technical support from Eurasian Federation of Oncology, Eurasian Cancer Research Council and Ashwavedh Foundation, we have initiated Anti-Smoking, Anti-Tobacco and Good Oral Hygiene Practice campaign among the children.

This team focuses mainly on school children and makes them aware about ill effects of smoking and tobacco usage. With this team we have reached more than 65000 students and we are aiming to reach about 300,000 students in Year 2020.



Support for Education

Organisation is actively involved in educational development activities by supporting eligible student's secured admissions in various institutions. Till today our organisation has supported more than 150 students for different studies. Currently organisation is supporting few girls for nursing studies, graduation and more than 50 students for their post matriculation schooling. The support is done through offering necessary guidance and financial grants to the students.

We are providing scholarship to the 3 Nursing School Students studying at Dayanand School of Nursing, Vadoli (Talasari), Maharashtra.



Sl. No	Project	Beneficiaries
1	Mobile Medical Unit, Navapur	16500
2	Mobile Medical Unit, Nandurbar	7000
3	Low Cost Surgery Centre, Nandurbar	230
4	Cancer Early Detection Project	403
5	Community Health Clinic, Jamki	600
6	Community Health Clinic, Navapur	Nil
7	Dialysis Centre, Nandurbar (462 Dialysis Procedure)	30
8	School Health Project	850
9	Anti-Smoking, Anti-Tobacco & Good Oral Hygiene Practices Drive Program	65000
10	Support for Education	10

Get Involved

1. **Talk about Us** – Tell others & Spread positive word about us. Connect us to other organization. Suggest activities for the community.
2. **Be a volunteer** – Join us as volunteer at our project sites and show compassion, love, and kindness to the needy. Volunteer must be above age of 18 year. We shall involve your skills for the community development activity.
3. **Sponsor a Child** – You may sponsor any child through us for their studies.

4. **Sponsor Reading Room** – You may help us by sponsoring one or more reading rooms by donating cost for infrastructure or news papers/magazines monthly bill.
5. **Sponsor an Event** – You are welcome to suggest and sponsor event of your choice, which falls into organizations objective and beneficial for the community.
6. **Visit our project sites** – Group of volunteers and students are encouraged to visit us and participate in community development activity at village level. Study tours are welcomed by us. TRY to have an IDEA about our projects. See your support in action, schedule your tour today. **Submit your application along with self statement and resume to ulhas1010@gmail.com**
7. **Observer-Ship & Internship**
Finding the right place for observer ship, internship or externship has never been easier. We offer training and observer ship opportunities for medical, nursing, social science and research trainees. Our innovative model allows trainees and observers to confidently apply ideas in the field and conduct their research work appropriately. Submit your resume along with recommendation letter to ulhas1010@gmail.com
8. **Donate** – Books, Stationary, computers, cloths, nutritional supplements, food items, medicines, refurbished medical / biomedical equipments, used vehicles.

(Our volunteers will collect it from your residence – Subject to accessibility & availability of volunteers)

You may also offer financial grants/support to us. Below mentioned are our bank details:

Name of account holder	Aashray-Durg Bahu Uddeshiya Samajeek Sanstha
Bank Name	State Bank of India
Branch Name	Navapur Branch
Bank Savings Account No	30367839490
IFSC Code	SBIN 0001162
<i>Cheques and demand drafts to be made in favour of "Aashray-Durg Bahu Uddeshiya Samajeek Sanstha" Payable at Navapur.</i>	

“Aashray-Durg” Bahu Uddeshiya Samajeek Sanstha
(Multipurpose Charitable Organisation)

Address: At: Zamanzar, P.O.: Khekda, Taluka: Navapur, District: Nandurbar, Maharashtra State, INDIA, Pin Code – 425 418	Mumbai Office: C/0 Dr. Ulhas Vasave B-1210, Golf Scappe, Near Diamond Garden, Sion-Trombay Road, Chembur, Mumbai – 400071
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